# SANCTUS Discipleship Pathway, by Heidi Radabaugh (heididrury@gmail.com, 314.412.8214)

Origin of Strength: Each stage, decision, event, and gathering is rooted in fasting and prayer. Framework: 3:12:72; missionary discipleship; village ministry; authentic Catholic community Phases: 1) establish authentic Catholic YA community 2) YA parish integration via gifts/passions Progression: Moving stage 1, 2, and 3 to 4 (see page 2)

### YA Origins:

Marriage/Family Director New Attendee New Parishioner Other

## Introduction to Community: 1st & 2nd

pre-evangelization

dates

**Building Relationships & Evangelization:** Via largely

community-based events state of life

# Discipleship:

Deepening relationship w/Christ; appropriate to

# Missionary Discipleship:

YA who loves Christ and His Church: leaven in their secular lives

### SOURCES:

### Marriage/Family Director:

- Baptism YF
- Marriage Prep YA

### New Attendee:

- any YA event
- other non-YA event
- after mass hello

### **New Parishioner** Registration:

- forwarded from secretaries

### Other:

- if he joined/liked SANCTUS FB page
- parishioner, priest, or staff reference



#### \*From all sources,

- SANCTUS or Mom's Group
- add contact info to Master List
- add to flocknote groups
- begin praying and fasting for him!

### Schedule Pre-evangelization Date:

- Prompt individual contact w/ welcome, reference to their history/state of life, promo for upcoming events, and date request.
- Date can be coffee, in-home brunch or dinner, etc. Must be off-campus.
- Follow up if no response.
- Personally invite to bigger/relevant events from thus forward.
- Log every encounter, conversation topic, new info, method of communication, and month/yr.

### "2nd" Pre-evangelization Date:

- Crucial that this is not an official, larger SANCTUS event
- Coordinate another off-campus hangout and invite similar state of life and interests parishioners.
- Not completely necessary, but helpful for the shy who haven't plugged in yet even after the pre-evang, date.
- Ideally, the first encounter with - friend on FB; add to either/both his "Parish Friend" would replace this. PR could invite a smaller group to join, if desired.

### Social Invites (E):

- Notify existing group, if possible, of newbie. Emphasize radical hospitality.
- In the next 6months, intensely intentionally integrate at SANCTUS events. Introduce to other YAs.
- Befriend. Note previous conversations and follow up. Ask deeper questions about life. family, desire, purpose.
- Learn specific gifts and talents
- Personal invites especially for heavy social events
- Majorly stage 2 events: Oktoberfest, p3 pub, Mom's Group, Men's/Women's Socials, board games, Holy Grounds, Marriage/Advent on Tap, Mardi Gras, Babies and Bacon, in-home dinners/outings

# Small Group (D)

- Can skip past social integration if this pertains more to him.

# Regular p3 (D)

# Regular Mom's Group (E/D)

## Regular Stewardship (D)

- He volunteers time for service events, even if not SANCTUS Service
- Offer Strength-Finders or St. John SG, p3, Mom's Group Evang Gift Assessment to discover talents, prepares for MD.
- Tithing (treasure), mass attendance

# Outside SANCTUS - Deeper Spiritual Growth (D)

- Observed through conversations, home life, etc.

### Parish Integration (MD):

- By knowing his passions, talents, and treasures, plug into non-SANCTUS ministries.
- Share parish leadership opportunities.

## Missionary Disciple:

- leader, point people for events, core team
- Personal invitations to others

# STAGES OF FAITH: Where are our young adults & young families?

STAGE	(1) Pre-evangelization	(2) Evangelization	(3) Discipleship	(4) Missionary Discipleship
POPE FRANCIS EMPHASIS	encounter	accompaniment	community	mission
METHODOLOGY	Personal invitation Relationship building Sharing my story Big questions &     answers Healing Hospitality Heavy social CREASTERS	Depth in relationships New apologetics Witness/testimony Discernment Growth in intentionality Social & spiritual	Catechesis Charism Sacramental Liturgical Intentional gift of self More spiritual Explicit Christianity	Faith ownership Leadership Service Sacrifice & abundant gift of self Sharing explicit Christianity
EVENT EX/	Implicit Christianity: Coffee/dinner/brunch date	Implicit/Explicit Christianity mix: Advent on Tap	Explicit Christianity: p3 or small group attendance	Explicit Christianity on fire: Leadership team Initiation of encounter
SCRIPTURE	"Come and See"	"Follow Me"	"Remain United with Me"	"Go and Make Disciples"

### \*SAMPLE CONSULTATION HANDOUT\*

# **Outreach Ministry & Young Adults**

The spread of the Gospel is not guaranteed either by the number of persons, or by the prestige of the institution, or by the quantity of available resources.

What counts is to be permeated by the love of Christ, to let oneself be led by the Holy Spirit and to graft one's own life onto the tree of life, which is the Lord's Cross.

Pope Francis

Why Young Adults are leaving the Catholic Church:

- 1. Jesus = simply a good person
- 2. Unwelcoming
- 3. Disagreements with Church doctrine, especially sexual morality and faith v. science

### The 'solution' for Outreach:

- Prayer and relationship with Christ at the center of ministry
- Pre-evangelization date
- Parishioner is first a friend, not a warm body.
- Open communication with SANCTUS Team; show face
- Empower current YA disciples w/ministry planning

## Consider when planning:

- 1. Is *prayer* at the center of my ministry?
- 2. How have I made an effort in building young adult relationships?
- 3. Is this service event *timing* and *location* applicable to young children? If not, did I communicate *babysitting reimbursement*?
- 4. Advertising: is the design *modern*? Is the need *great* and *clearly communicated*?
- 5. When planning the year, how much *input* do young adults have?

### \*SAMPLE EVENTS\*









